



LEUKEMIA

LYMPHOMA

MYELOMA

NEW SUPPORT GROUP IN UTAH VALLEY!

Please join us for a six week support group for patients, family members, friends and survivors of blood cancers.

This six week support group will give an overview of the Problem-Solving Therapy approach, with the opportunity to apply the principles to problems group members may be facing. The group will also offer an opportunity to meet with other patients or family members facing similar difficulties, sharing support, encouragement, and experiences.

**Meetings are scheduled every Thursday evening in Provo
April 27-June 1 from 7:30-8:30 pm**

April 27: Introductions/Overview of problem-solving therapy/goals

May 4: Communicating with family

May 11: Communicating with health care providers

May 18: Keeping up morale

May 25: Finding resources

June 1: Summary overview/Resources for the future/Wrap up

The group will be facilitated by Dianne Nielsen, a clinical psychologist and mother of a teenage leukemia survivor. If you are interested in this approach to facing cancer, but cannot attend the group, you can read more about it in: *Helping Cancer Patients Cope: A Problem Solving Approach* by Arthur Nezu.

For more information or to register please call:

Jessica Drury, The Leukemia & Lymphoma Society (801) 519-6600 or (877) 243-8908